



# 2012 Los Alamos Dog Jog Instructions

The 2012 Los Alamos Dog Jog is coordinated by the Los Alamos Dog Obedience Club, Mountain Canine Corps, and the Atomic City Roadrunners as a fundraising benefit for the Friends of the Shelter. The Dog Jog is open to all participants with or without a dog and at any pace. We offer a 3.1 mile competitive run or a 2 mile non-competitive fun walk/run.

**Saturday, April 28, 2012** at Chamisa School, White Rock, NM

Race check-in at 8:00-8:40 a.m.

3.1-mile race start at 9:00 a.m.

2-mile fun walk/run at 9:01 a.m.

Entry fees per family: \$20 first adult or child 12 years or older (**\$25 after March 31, 2012**); \$15 each additional adult or child 12 years or older; \$5 each child 11 years and under (child-sized T-shirts with \$5 registration).

**Reduced Fee Microchip Clinic: ACLA or Ridgeview vets will be implanting microchips for cats and dogs from 9:00 – 10:30 for only \$20; no preregistration needed.**

**Directions:** From Hwy. 502, take State Route 4 to White Rock, turn left onto Rover Blvd. (at the traffic light), turn left onto Meadow Lane, Chamisa School is on the right at 301 Meadow Lane.

Race check-in and T-shirt and informational packet pick-up time will be from 8:00-8:40 a.m. on April 28, 2012 at Chamisa School. Race day registration will have the entry fees as stated above, but T-shirts may need to be mailed. One informational packet will be provided per family if requested; all entrants will receive a T-shirt (colored shirts for adults, white for children) unless “none” is requested. Special goodies for shelter and rescue dogs.

Prizes will be awarded to first through third place winners for female and male runners with dogs in the 3.1 mile competitive run. Other awards and prizes will be given for dogs over 10 years and other (fun!) categories. Call 672-2089 with any questions.

All dogs must be on a 6 foot or shorter leash at all times. Please do not feed your dog for 90 minutes before or after the Dog Jog to help prevent bloat (twisting of stomach, a potentially fatal problem). Also, no bicycles, roller blades, or skateboards as many dogs react unpredictably around these methods of transportation. Wheelchairs and baby strollers are welcome. Children under the age of 13 must be accompanied by an adult, although the adult does not have to register. You are *not* required to have a dog to participate.



# 2012 Dog Jog Entry Form

**Entry Fee per family: First adult and child 12 years and older \$20 (\$25 after March 31st); each additional adult or child 12 years or older \$15, each child 11 years and younger \$5 (child-sized t-shirt with \$5 registration).**

Available T-shirt sizes are (adult) S M L XL XXL or "none", (child) CS CM CL or "none"

Please print information and choices where appropriate:

| Name—one per line | Gender<br>(m or f) | T-shirt<br>size | Dog's Name | Dog's<br>Age | Shelter or<br>Rescue (y/n)? |
|-------------------|--------------------|-----------------|------------|--------------|-----------------------------|
| _____             | _____              | _____           | _____      | _____        | _____                       |
| _____             | _____              | _____           | _____      | _____        | _____                       |
| _____             | _____              | _____           | _____      | _____        | _____                       |
| _____             | _____              | _____           | _____      | _____        | _____                       |
| _____             | _____              | _____           | _____      | _____        | _____                       |

Course Length (circle): 2 mile fun run/walk [or] 3.1 mile run [or] just t-shirt. Do you want information packet (y/n)? \_\_\_\_

Your Address: \_\_\_\_\_ Phone: \_\_\_\_\_ Email: \_\_\_\_\_

## Payment Information

*(Note: Only child's t-shirt available with \$5 registration)*

|   |       |                             |
|---|-------|-----------------------------|
| Single registration (1 adult)                               | _____ | (\$20; \$25 after March 31) |
| Household registration (2 adults in same household)         | _____ | (\$35; \$40 after March 31) |
| Family registration (1 adult and 1 child in same household) | _____ | (\$25; \$30 after March 31) |
| Each additional adult in same household                     | _____ | (\$15)                      |
| Each additional child in same household                     | _____ | (\$5)                       |
| Extra donation to help homeless pets                        | _____ | (every \$ helps)            |

Microchip implants will be \$20 each payable at race

**Total** \_\_\_\_\_

Checks payable to: **Friends of the Shelter** Pre-registration (discount as stated) due: **March 31, 2012**

Send completed registration form and checks to: Los Alamos Dog Jog, 105 N. Monte Rey Dr., Los Alamos, NM 87544

**LIABILITY WAIVER: A waiver needs to be signed for each participant:** In consideration of my participation in the Los Alamos Dog Jog, my dog is a minimum of 16 weeks old, licensed, and current on all vaccinations. I agree to clean up after my dog, obey all traffic laws, exercise safety precautions, avoid littering, and respect the property of others. I attest to my own and my dog's physical capabilities, and I realize that there are risks associated with competing in this event. I accept full responsibility for any injury or accident to myself or to my dog. I understand that since this event involves many people and dogs, I will have my dog under control at all times. I also waive any and all claims for myself against the County of Los Alamos, as well as the officials and the sponsors of this event. I hereby give race officials permission to obtain any medical aid required for myself or my dog during this event.

Signature (required for all participants) \_\_\_\_\_ (Parent or guardian must sign if under 18)